International Course Offer – summer term 2013 (April-September)
The following seminars and courses are especially designed for international students and will be taught in English. They are open to all students at the German Sport University.

1. **Title:** German Sport Culture  
   **Lecturer:** Dr. Gerard King  
   **Date/Time:** Tuesday, 14:30-16h  
   **Location:** Seminar room 14 (SR 14)  
   **Type:** Seminar  
   **Language:** English  
   **Brief description of content and aims:** In this seminar the governmental and non-governmental sport administration in Germany will be introduced. Specific characteristics of German Sport and its impact on culture and society will be presented and discussed. International students will also practically engage in selected sport activities including the achievements within the German Sports Badge.  
   **Credit Points:** 2,5  
   **Prerequisites:** Good English language skills

2. **Title:** Dance  
   **Lecturer:** Margit Franzen  
   **Date/Time:** 14.06., 15.06. & 16.06.2013  
   **Location:** Sports hall 3 (Ha03)  
   **Type:** Practical Course (compact course)  
   **Language:** English  
   **Brief description of content and aims:** This module aims at developing basic knowledge about how a dance lesson is designed, planned and held; students should also experience basic body skills necessary in dance, such as alignment, balance and bounce. Furthermore, this module gives examples of dance lessons within the framework of school education. Students are supposed to experience different techniques of developing creative tasks and work with set material as well as their own movement ideas.  
   **Credit Points:** 2  
   **Prerequisites:** Good English language skills

3. **Title:** Cycling  
   **Lecturer:** Prof. Dr. Helmut Lötzerich  
   **Date/Time:** Tuesday, 9-12h, Velodrom; 1st session: 2nd week of semester  
   **Location:** Bike-Storage-Room (Radkeller)  
   **Type:** Practical Course  
   **Language:** English  
   **Brief description of content and aims:** This course gives a general introduction to teaching and learning of cycling activities. Students will be practically engaged in three types of cycling: track cycling, road cycling and mountain biking. By the end of the course students should be able to understand the distinctive nature of the three types of cycling, improve their cycling techniques and demonstrate knowledge of various teaching methods and competition forms.  
   **Credit Points:** 2  
   **Prerequisites:** Helmets, Racing Bicycles, Mountain Bikes and Velodrome Bikes are provided. You will need to bring an Allen key size 5 and 6 and a cleaning cloth. Good English language skills
4. **Title:** Fitness Kickboxing  
   **Lecturer:** Christian Buddrus  
   **Date/Time:** Friday, 16-17:30h  
   **Location:** Sports hall 07 (Ha07)  
   **Type:** Practical Course  
   **Language:** English  
   **Brief description of content and aims:** Fitness kickboxing is a mixture of different martial arts like boxing, kickboxing, karate, taekwondo and Tai Chi in connection with physical fitness elements. Versatile arm and leg combinations combine the best elements of martial arts with an intense cardiovascular training. Within the different techniques coordination, physical fitness, strength, speed and balance will be combined and trained. Students are supposed to learn basic techniques (with and without punch pads), error correction, use of aids, the structuring of a course as well as methodology and didactics of teaching.  
   **Credit Points:** 2  
   **Prerequisites:** Good English language skills

5. **Title:** Canoeing  
   **Lecturer:** J. Rettenmaier  
   **Date/Time:** Tuesday, 17:30-20:30h, starting in May 2013  
   **Location:** Fühlinger See  
   **Type:** Seminar  
   **Language:** English  
   **Brief description of content and aims:** Basics of canoeing (open water)  
   **Credit Points:** 2  
   **Prerequisites:** Good English language skills

6. **Title:** Theory & Practice of Exercise Physiology  
   **Lecturer:** Christian Buddrus  
   **Date/Time:** Wednesday, 14-15:30h  
   **Location:** seminar room 64 & sports hall 05 (SR64 & Ha05)  
   **Type:** Seminar  
   **Language:** English  
   **Brief description of content and aims:** This seminar is focused on the study of physiological functions and regulatory activities of the body during exercise and physical performance. This is an introductory level course intended for Physical Education and Exercise Science majors. The basic aim is to provide the student with an understanding of the role of body systems in maintaining homeostasis and adapting the demands placed upon them during exercise and training.  
   **Credit Points:** 2  
   **Prerequisites:** Good English language skills

7. **Title:** Cricket/Rugby  
   **Lecturer:** John Lambert/James Wallis  
   **Date/Time:** 7.-9.06.13  
   **Location:** 1st session to be determined  
   **Type:** Practical course (compact course)  
   **Language:** English  
   **Brief description of content and aims:** This course aims at developing an understanding of the history, laws, skills and principles of one invasion game (Rugby) and one striking/fielding game (Cricket) from English-speaking countries. The programme will be delivered mainly through practical sessions.  
   **Credit Points:** 2  
   **Code (VV-Nr.):** 9907000030  
   **Prerequisites:** Good English language skills. The course is open to any student at the German Sport University. Some pre-module tasks will be set prior to the course starting so that students have a basic foundation of knowledge about both games.
8. **Title:** Geocaching as an interdisciplinary tool in Outdoor Education and Sport Science  
**Lecturer:** Evelyn Hinz / Friederike Otto  
**Date/Time:** to be determined  
**Location:** to be determined  
**Type:** Seminar / Practical course  
**Language:** English  
**Brief description of content and aims:** The students will learn the basic and advanced techniques of Geocaching, an outdoor treasure hunting game using GPS-enabled devices. The aim of the course is to reflect the chances and limits of this activity in various fields of Physical Education and Sport Science (i.e. in school, with elder people, with mentally ill people, as a tool for developing tourist destinations) and to sensibilise and enable the students to use Geocaching in their future professional career.  
**Credit Points:** 2  
**Prerequisites:** Good English language skills

9. **Title:** Exercise Physiology  
**Lecturer:** Swapan Mookerjee, PhD  
**Date/Time:** to be determined  
**Location:** to be determined  
**Type:** Seminar (compact course)  
**Language:** English  
**Brief description of content and aims:**  
**Credit Points:** 2  
**Prerequisites:** Good English language skills

10. **Title:** Sport Expertise and Learning  
**Lecturer:** Dr. André Roca  
**Date/Time & Location:** Thursday, 14:50-15:30h, seminar room 65 (SR65)  
**Type:** Seminar  
**Language:** English  
**Brief description of content and aims:** This seminar will critically explore three major themes in the contemporary study of sports expertise. The first theme, which has attracted most attention, will analyse the nature of the attributes that differentiate expert performers from non-experts, with particular reference to perceptual-cognitive skills, such as anticipation and decision making. A second theme, which builds on the first, will identify the mediating processes underpinning the expert’s superior performance. Finally, in the third theme, the factors (e.g., optimal practice/learning) responsible for the development of these unique performance adaptations will be discussed.  
**Credit Points:** 2  
**Prerequisites:** Good English language skills
Regular course offer (Bachelor/Master) – summer term 2013 (April-September 2013)

The following courses are recommended offerings within the existing BA degrees. While the International Course Offer (1-8) is mainly designed by the International Office for the international students, the following suggestions are regular BA courses held in German or English, but special support for international students will be provided.

11. **Title:** National and European Sports Policy  
**Lecturer:** Prof. Dr. J. Mittag  
**Date/Time & Location:** Tuesday, 12-14h; Auditorium 5 (Hö 05)  
**Type:** Seminar  
**Language:** English  
**Brief description of content and aims:**  
**Credit Points:** 2  
**Code (VV-Nr.):** BA30104001  
**Prerequisites:** Good English language skills

12. **Title:** National and European Sport Systems  
**Lecturer:** Dr. Karen Petry  
**Date/Time & Location:** Thursday, 16-18h; Seminar room 50 (SR 50)  
**Type:** Seminar  
**Language:** English  
**Brief description of content and aims:**  
**Credit Points:** 2  
**Code (VV-Nr.):** BA30104002  
**Prerequisites:** Good English language skills

13. **Title:** Applied information and media technology  
**Lecturer:** T. Moll  
**Date/Time & Location:** Friday, 10-12h; SRPC-HG  
**Type:** Tutorial  
**Language:** English  
**Brief description of content and aims:**  
**Credit Points:** 2  
**Code (VV-Nr.):** BA20300004  
**Prerequisites:** Good English language skills

14. **Title:** Professional Foreign Language – English (only for B.Sc. Sport and Performance)  
**Lecturer:** Prof. Dr. Raab (Group 1), Dr. A. Knicker (Group 2 & 4), V. Sevdalis (Group 3)  
**Date/Time & Location:** Group 1: Monday, 14-16h, seminar room 9 (SR 09); Group 2: Monday, 16-18h, seminar room 9 (SR09) Group 3: Monday, 16-18h, seminar room 50 (SR 50) Group 4: Tuesday, 9-11h, seminar room 61 (SR61)  
**Type:** Seminar  
**Language:** English  
**Brief description of content and aims:**  
**Credit Points:** 2  
**Code (VV-Nr.):** BA20200003  
**Prerequisites:** Good English language skills

15. **Title:** Adaptaciones biológicas al ejercicio físico  
**Lecturer:** S. Rojas-Vega  
**Date/Time & Location:** Wednesday, 14-16h; seminar room 70 (SR 70, IG IV)  
**Type:** Seminar  
**Language:** Spanish  
**Brief description of content and aims:**  
**Credit Points:** 2
16. Title: Diagnóstico medico-deportivo y metodo de testeo en las ciencias del entrenamiento
   Lecturer: S. Rojas-Vega
   Date/Time & Location: 26.04. & 03.05. & 07.06.13: 15-18h & 27.04. & 28.04. & 04.05. & 05.05. & 08.06. & 09.06: 9-16h; IG-I Labor Raum 311
   Type: Tutorial
   Language: Spanish
   Brief description of content and aims:
   Credit Points: 4
   Code (VV-Nr.): BA30105202
   Prerequisites: Good Spanish language skills

   Lecturer: N. Hoerner, Prof. Dr. Diel
   Date/Time & Location: Basics of Nutrition: Thursday, 16-18h, auditorium 2 (Hö 02); Nutrition in Sports: Tuesday, 12-14h, seminar room 64 (SR 64); Nutrition and Health: Wednesday, 14-15:30h, seminar room 60 (SR 60)
   Type: Lecture/seminar/seminar
   Language: English, Lecture German & English
   Brief description of content and aims:
   Credit Points: 3x2
   Code (VV-Nr.): BA30115001, BA30115002, BA30115003
   Prerequisites: Good English language skills

18. Title: International Sport Management Game
   Lecturer: Dr. Stefan Walzel
   Date/Time: 11.04.13 18-20h, auditorium 3 (Hö03); 21.-25.04.13: compact course in the Netherlands
   Location: GSU, Groningen; Important information: The costs for the transfer to Groningen and back (appr. 50 Euros) are not covered by the university and need to be paid by the participants. Students stay overnight at Dutch students’ houses without extra charge (sleeping bag and inflatable mattress/sleeping pad required).
   Type: Seminar
   Language: English
   Brief description of content and aims:
   Credit Points: 2
   Code (VV-Nr.): BA41010001
   Prerequisites: Good English language skills; a basic knowledge in sport management would be an asset.

19. Title: Human Ressource Management
   Lecturer: B. Lobinger
   Date/Time & Location: Wednesday, 12-14h, seminar room 15 (SR 15)
   Type: Seminar
   Language: English
   Brief description of content and aims:
Credit Points: 2
Code (VV-Nr.): BA41010002
Prerequisites: Good English language skills

20. Title: Sport Event Management
   Lecturer: K. Hallmann
   Date/Time & Location: Friday, 13-15h, seminar room 61 (SR61)
   Type: Seminar
   Language: English
   Brief description of content and aims: The seminar aims to develop knowledge, basic skills and techniques to plan, organise, lead, control and evaluate a regional, national or international sports event. At the end of the seminar successful students should be able to critically appraise technical, human, conceptual and personal skills/knowledge/issues involved in the process of managing sports events as well as to use effective decision making in preparing, analysing and defending proposals on the selection and sanctioning of a sports event.
   Credit Points: 2
   Code (VV-Nr.): BA41010003
   Prerequisites: Good English language skills

21. Title: Fundamentals of Management - Economic perspective
   Lecturer: K. Hallmann
   Date/Time & Location: Thursday, 8-9h, auditorium 1 (Hö1)
   Type: Lecture
   Language: English
   Brief description of content and aims: In this module students will be introduced to the central aspects of management as science. It will be taught from an interdisciplinary standpoint including the economic, sociological and psychological perspective. In the seminar students will be introduced to applied issues of management with particular emphasis on the sports context.
   ● Management as science; effectiveness; efficiency and viability; shareholder; stakeholder or market orientation; mission; strategic management; operational planning; scarcity; restriction and opportunism in management; economic approaches to management
   Credit Points: 1
   Code (VV-Nr.): BA40300001

22. Title: Fundamentals of Management - Sociological aspects of management
   Lecturer: K. Hallmann
   Date/Time & Location: Thursday, 9-10h, auditorium 1 (Hö1)
   Type: Lecture
   Language: English
   Brief description of content and aims: In this module students will be introduced to the central aspects of management as science. It will be taught from an interdisciplinary standpoint including the economic, sociological and psychological perspective. In the seminar students will be introduced to applied issues of management with particular emphasis on the sports context.
   ● System theory; organization und environment; organizational structure; differentiation and integration; corporate culture; organizational change
   Credit Points: 1
   Code (VV-Nr.): BA40300002

23. Title: Fundamentals of Management - Psychological aspects of management
   Lecturer: Prof. Dr. Raab
   Date/Time & Location: Monday, 8-9h, auditorium 1 (Hö1)
   Type: Lecture
   Language: English
   Brief description of content and aims: In this module students will be introduced to the central aspects of management as science. It will be taught from an interdisciplinary standpoint including
the economic, sociological and psychological perspective. In the seminar students will be introduced to applied issues of management with particular emphasis on the sports context.

- Behaviour by individuals; behaviour in groups; teambuilding; group dynamics and decisions; leadership in organizations; leadership types and styles; theoretical approaches to leadership; organizational development

Credit Points: 1
Code (VV-Nr.): BA40300003

24. Title: Mental Coaching
   Lecturer: P. Furley
   Date/Time & Location: Wednesday, 12-14h; seminar room 1 (SR01, LAH)
   Type: Seminar
   Language: English
   Credit Points: 2
   Code (VV-Nr.): BA70961001

25. Title: Individual and group management in sport
   Lecturer: T. Moll
   Date/Time & Location: Friday, 12-14h, seminar room 63 (SR63)
   Type: Seminar
   Language: English
   Credit Points: 2
   Code (VV-Nr.): BA70963001

26. Title: Stability of performance and competition
   Lecturer: T. Moll
   Date/Time & Location: Thursday, 14-16h, seminar room 63 (SR63)
   Type: Seminar
   Language: English
   Credit Points: 2
   Code (VV-Nr.): BA70962001

27. Title: Training and regulation from the psychological point of view
   Lecturer: V. Sevdalis
   Date/Time & Location: Monday, 12-14h, seminar room 13 (SR13, LAA)
   Type: Seminar
   Language: English
   Brief description of content and aims:
   Credit Points: 2
   Code (VV-Nr.): BA70500002
   Prerequisites: Good English language skills

28. Title: Experiential/Outdoor Education Compact
   Lecturer: E. Jakob
   Location: Storey Arms Outdoor Education Center (County Cardiff, Wales)
   Type: Excursion
   Language: English
   Date: to be determined
   Kick Off Information (obligatory): to be determined
   Planning Session: to be determined
   Goals of the course: Develop competencies to arrange outdoor education school trips under consideration of the relevant prescriptions for school hiking and school trips (Wanderrichtlinie – NRW)” and the Runderlass „Sicherheitsförderung im Schulsport“ NRW. Knowledge of the educational concept „Outdoor Education (OE)” in GB resp. Wales as a best practice example for the practical implementation of the principles of experiential education.
Content: Outdoor sports on school trips as a tool for experiential education. Exemplary practice of outdoor sports e.g. orienteering, caving, climbing, canoeing, gorge walk, night activities etc. Introduction into the theory of adventure education, environmental education. Risk management. Aspects of leadership in outdoor education. Reflection methods.

Travel: Group travel by bus and ferry (included in the price)

Location: Storey Arms Outdoor Education Center, Libanus / Brecon Wales is located in the Brecon Beacon national Park.

www.storeyarms.com  www.breconbeacon.org

Costs: Approx. 350,- Euro
Accommodation in multi bed rooms, full board, all transfers in Wales, special equipment for all activities, no hidden costs.

Credit Points: 2

Prerequisites: Good English language skills

29. Title: International Relations and the Commercialisation of the Olympic Games
Lecturer: J. Krieger
Date/Time & Location: Friday, 13-14:30h, seminar room 15 (SR15, LAA)
Type: Seminar
Language: English
Brief description of content and aims:
Credit Points: 2
Code (VV-Nr.): MA70600002
Prerequisites: Good English language skills

30. Title: Endurance capability
Lecturer: Prof. Dr. Diel
Date/Time & Location: Tuesday, 16-18h (biweekly), seminar room 13 (SR13, LAA); first session Group 9: 09.04.13, first session group 10: 16.04.13
Type: Seminar
Language: German (but english-speaking students are welcome)
Brief description of content and aims:
Credit Points: 2
Code (VV-Nr.): BA10300004
Prerequisites: German and/or English skills

31. Title: Fundamentals of Neurosciences
Lecturer: S. Rojas Vega (group 1), K. Brixius (group 2)
Date/Time & Location: Group 1: Friday, 8-10h, seminar room 50 (SR50); Group 2: Monday, 10-12h, seminar room 14 (SR14, LAA)
Type: Seminar
Language: English/German, oral presentation in English
Brief description of content and aims: Within this seminar the main principles of exercise neuroscience will be covered. Beside basic principles of motor control, the central and peripheral nervous system, imaging technologies and the neurotransmitter and hormonal system, a main emphasis will be laid on experimental procedures how to assess exercise induced changes in brain cortical activity and central blood flow, using highly sophisticated experimental approaches.
Credit Points: 2
Code (VV-Nr.): BA70400003
Prerequisites: Good English language skills, basic German (for international students).

32. Title: Preventive Doping Research – Uncover new Doping Strategies
Lecturer: M. Thevis
Date/Time & Location: to be determined
Type: Seminar
Language: English / German
Brief description of content and aims: The seminar aims at conveying fundamental facts about the fight against doping. It lists definitions of doping and the regulations dealing with the issue at a national and international level and explains the system of doping control applied in professional sports. Indirect and direct methods of doping analysis are highlighted as well as the effects of doping substances on the human body. State of the art doping analysis is discussed and an outlook given regarding the future of doping strategies.

Credit Points: 2
Code (VV-Nr.): to be determined

33. Title: Selected Aspects of Athletic Performance – Bio analytical Analysis
Lecturer: M. Thevis
Date/Time & Location: to be determined
Type: Seminar
Language: English / German
Credit Points: 2
Code (VV-Nr.): to be determined